

**Thursday 3 September 2015**  
**Ko Taite,**  
**tuatoru Hepetema 2015**

**The Angel's Candle**  
by Josie, Room 2

As the parents of a battler silently watch over her, heartbreak and sorrow were the only words that could describe the emotions lingering in the air. The young girl gasped for oxygen each time she moved, even though no one should have to suffer like this. The battlers of life were called 'angels' because they never gave up on their life. Each relative or friend described the angel's world to be one like a battlefield, and the young angel was stuck in the middle of it. For once the angel was well enough to live back in her own home. But not for long. Her candle is burning and it's almost coming to its end. Once her candle goes out, the life she has will disappear and her soul will fly up to heaven, like the smoke leaving the candle's wick. One morning a miracle happened.

For once the young girl woke and could move her body without having to gasp for the air around her. It was as if the young girl really was an angel, who created her own miracle. Her family grinned, but as they did there was a sudden change.....

The angel's candle had become dim and the flame was shrinking. But to the angel's family this miracle was a hidden blessing that allowed the angel to say her final goodbyes.

Now all the young girl was, was cold and empty, and not a single bit of warmth flowed through her. The angel's candle which was lit from the moment she took her first breath died with her as she took her last.



Why I wrote this story: In my class we have been analysing Brothers Grimm and Hans Christian Andersen. I have chosen to write my narrative in the style of Andersen. My narrative is based on something that has happened in my life. The message in my narrative is, even if someone you love passes away they may be gone but not from your heart, and no one can take that away from you. Also the purpose I wrote my narrative is to show my experiences and make the reader feel deep emotions that I and many others have faced.

**In Room 7**, students have been listening to stories about robots. Lemuelu came to my office very excited to show me his robot collage...and rightly so! It was a seriously cool robot! He also wrote a story:

*I am a robot. I am playing with Samuel and my dad and Samuel's dad. We like to play robot tag.*



**In Room 6**, students have been learning about procedural writing. The learning culminated in students following a procedure to make a hand painting of a fish. This is Caroleigh's little tropical delight.



## NEW STUDENTS

Zofia Creswell, Lution Graham, Sasha Zvyagintsev  
- all new students in Room 7



## Birthdays

3 - 16 September 2015

Brandon Panui	3 September	Milla Wild	8 September
Jayden Gardner	3 September	Samara Flay	10 September
Aleke Paneta	5 September	Anya Fenton	11 September
Jayd Heke-Tautai	6 September	Nicholas Zvyagintsev	14 September

## Blue Light Rainbows End Fun Day

Years 5 - 8 students

**When:** Sunday 13 September 2015

**Time:** 8.30am - 4.30pm

**Cost:** \$28.00 per child

**Parents: Pick up and drop off point**

**Helensville Police Station, 8 Rimu Street, Helensville.**

On the bus trip there will be 3 uniformed Police Officers plus 2 South Kaipara Blue Light volunteers. The students are not allowed to leave the site and the front gates are manned for the entire event. Consent forms at the back of the tickets need to be signed by parent/caregiver. If this is not signed students will not be allowed on the bus.

## Senior School Camp -

Rooms 2,3 & 4

Senior School Camp is to be held at Higham's Beach, South Head on 17-20 November.

The cost is \$50.00 plus one packet of biscuits or one item of home cooking per student. Each student will need to pay the full cost before Monday 9 November.

Parent helpers are needed so please return the form as soon as possible.

Thank you Sue Caltaux, Shirley Armstrong and Ellie Hunt

## HIPPY News

At the HIPPY South Kaipara group meeting last Thursday HIPPY tutor Laura demonstrated how to make a healthy no bake muesli bar for the kid's lunch boxes.

Full of oats and seeds, these bars are full of nourishment, and with fibre, protein, and the "good fats" these healthy muesli bars will keep you going all day long.

Here's the recipe for you to try!

Ingredients

Makes approx. 16 squares

- 1 cup rolled oats
- 1 tbsp ground chia or flax seeds
- 1/2 cup sesame seeds
- 1 tsp cinnamon powder
- 1/2 cup pumpkin seeds
- 125 grams of butter
- 1/2 cup sunflower seeds
- 1/2 cup raw honey (or brown rice syrup to be blood sugar friendly)

1/2 cup shredded coconut

OPTIONAL Dried fruits or cacao nibs

Preparation

\* Combine butter, honey and cinnamon in a small pot over low heat. Stir until completely combined/melted - about 2 minutes.

\* Combine the ingredients raw (or if you've got more time, toast in a large pan over a low heat for 5 - 10 minutes. Stir often. (The coconut and seeds will become golden brown, and pumpkin seeds will start to pop.)

\* Now, add your dried mix and butter/sweetener mixture together. Add dried fruits etc now if using.

\* Mix until combined - about 30 seconds.

\* Line a small tin with baking sheets and press your mixture into your tin.

Put in the freezer for 10 minutes, or until set.

\* Remove from the tin and cut into squares. Keep refrigerated or frozen.

## GREAT Achiever Awards - Friday 4 September 2015

Room 1	Leah McKean	E	Room 4	Chante Penetana Wilson	G
Room 1	Moko Pairama	E	Room 4	Logan Grayson	T
Room 1	Harvey Banks	A	Room 4	Tarajeen Esau	G
Room 2	Georgia Brown	E	Room 4	Brooke Hamilton	G
Room 2	AJ Liddle	T	Room 4	Melissa Wilson	A
Room 2	Leah Sainty	A	Room 6	Jayla Singer	G
Room 2	Tajae Sharke	T	Room 6	Cruise McDermott	A
Room 2	Kayla Cook	E	Room 7	Lemuelu Aleke	E
Room 3	Laticia Panui	G	Room 7	Jayd Heke-Tautai	A
Room 3	Renee Povey	G	Room 8	Blake Adolph	E
Room 3	Reilly Walker-Brewer	T	Room 8	Aroha-Rose Belton	G
Room 3	Conner Hunt-Powell	E	Room 8	Violet Webber	E
Room 3	Madison Adolph	E	Room 8	Georgia Heke-Tautai	A

## GREAT Bronze Certificates

Room 1	Samantha-May Miller	Room 3	Renee Povey
Room 2	Georgia Brown	Room 3	Reilly Walker-Brewer
Room 2	Leah Sainty	Room 4	Brooke Hamilton
Room 2	Tajae Sharke	Room 4	Tarajeen Esau
Room 3	Laticia Panui	Room 6	Jayd Heke-Tautai
Room 3	Conner Hunt-Powell	Room 8	Aroha-Rose Belton



## Easy Pita Pit lunch orders



Pita Pit is delivering to our school! Order through [ezlunch.co.nz](http://ezlunch.co.nz) (easy-lunch), before 9am for delivery at lunchtime. Heaps of options, thousands of combinations in their design-your-own pitas.

Go to [www.ezlunch.co.nz](http://www.ezlunch.co.nz) to set up your family account & place your orders.

All lunches are delivered clearly labelled with name and room number.

Payment is by ezlunch account, in advance or pay-as-you-go, with three ways to pay (bank transfer, Account2Account transfer or Credit Card).

Enquiries: [helpdesk@ezlunch.co.nz](mailto:helpdesk@ezlunch.co.nz) or tel. 0800 EZLUNCH or

09-475 5287 term time 8am-4pm.

Order by TXT also available!

Available Wednesday!



## Upcoming Events

Friday	11 September	Book Week Dress Up Day Assembly at 9am
Sunday	13 September	Blue Light Rainbows End Trip Years 5-8
Friday	18 September	Disco - Parakai School Hall
Friday	25 September	Last day of Term 3, school finishes 2.45pm

## Term Dates for 2015

**Term 3:** Monday 20 July -

Friday 25 September

**Term 4:** Monday 12 Oct -

Wednesday 16 December

**PARAKAI SHOW DAY**  
This year will be held on 31st October



**Would you like to have a lamb or calf to compete at our Show Day?**

It is a great time for children to learn about looking after an animal. All lambs and calves must be born between 1st July and 30th September 2015, and children must care for and feed the animals themselves from one week old.

If you would like more information please see Mrs Taylor at the school office. We may be able to help in getting a lamb or a calf.

You may like to go to the free website [www.calfclub.co.nz](http://www.calfclub.co.nz), Calf Club Information Pack on all you need to know about choosing, feeding, training and showing your pet.

**Helensville Tennis Club**

Helensville Tennis Club is holding an open day for anyone interested in having a go at tennis, coaching or joining the club.

**Date: Sunday 13th September Time: 10am**

**Place: Rautawhiri Park, Helensville**

There will be people there to talk to and show you how, just come along. We will be running a sausage sizzle as well.

Email: [helensvilletennis@gmail.com](mailto:helensvilletennis@gmail.com)

**Parakai School Disco**

**Where: Parakai School Hall**

**Date: Friday 18 September 2015**

**Times: Years 1 - 4 (5pm - 6.30pm)**

**Years 5 - 8 (7pm - 8.30pm)**

**Tickets: \$5.00 available from the school office.**

**BOOK WEEK - Week 8 7 - 11 September**

**Dress Up Day on Friday 11 September.**

Parents all welcome to Dress Up Day assembly at 9am in the Learning Centre.

School Banking:  
Thursday



[www.parakai.school.nz](http://www.parakai.school.nz)



**NICK HONEYCOMBE**  
021 735 828

09 420 9822 | [nickhoneycombe@gmail.com](mailto:nickhoneycombe@gmail.com)  
28 Rautawhiri Road, Helensville 0800

No obligation free quotes. For reliable service contact Nick. Registered Electrician.

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the area



Knowledge of  
the people



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TEACHERS + NO FEES\***

\*Terms and conditions apply

**WHY WE'RE BEST FOR YOUR CHILD...**

- ✓ Excellent transition to school
- ✓ Friendly Teaching Team
- ✓ 20 Hours ECE available
- ✓ Modern and well-resourced environment

Kindergarten hours:

Mon—Thurs 8.30am—2.30pm

Fri 8.30am—1.00pm

**Whānau and Child Coffee Group**

Friday's 9am—11am

**ALL WELCOME**

8 Fordyce Road, RD 1, Parakai

Phone: (09) 420 8737

Email: [parakai@naka.co.nz](mailto:parakai@naka.co.nz)